

## LIFE GROUP STUDY GUIDE:

(60-minute session—12-18-22)

Welcome to our December Message series: *Christmas*. Over the next several weeks, we are going to walk through several Scriptures from the Old Testament into the New, in order to discover why Christmas is such a big deal. Enjoy!

**Read: Matthew 2:16-18; Jeremiah 31:15**

Why is the Christmas season so hard for some people?

In the text above, Matthew talks about Rachel. Who was she and why was she in so much pain? Why is her pain part of the Christmas story?

Why does Matthew apply Jeremiah 31:15 to the slaughter of innocent children in Bethlehem?

What are Rachel's tears followed by?

Who has the last word on pain and suffering?

How can Christians be encouragers to those who are suffering?

**What's The Bottom Line Here?**



**Rooted Groups:** What Rooted rhythm/s were connected to the lesson above? How can we encourage one another in the practice of these rhythms?