

# SALINA HEIGHTS CHRISTIAN CHURCH - MEDICAL RELEASE

Name \_\_\_\_\_ Age \_\_\_\_\_ Birthdate \_\_\_\_\_

Address \_\_\_\_\_ Phone (\_\_\_\_\_) \_\_\_\_\_

City \_\_\_\_\_ State \_\_\_\_\_ Zip Code \_\_\_\_\_

Emergency Numbers: Mom work (\_\_\_\_\_) \_\_\_\_\_ Dad work (\_\_\_\_\_) \_\_\_\_\_  
Cell (\_\_\_\_\_) \_\_\_\_\_ Cell (\_\_\_\_\_) \_\_\_\_\_

Date of last tetanus shot \_\_\_\_/\_\_\_\_/\_\_\_\_

Allergies (drugs, foods, other) \_\_\_\_\_

Special medications, blood type or pertinent information \_\_\_\_\_

Family Physician \_\_\_\_\_ Phone (\_\_\_\_\_) \_\_\_\_\_

Office Address \_\_\_\_\_ City \_\_\_\_\_ State \_\_\_\_\_

## To whom it may concern:

The undersigned does hereby give permission for our (my) child, \_\_\_\_\_,  
to attend and participate in activities sponsored by \_\_\_\_\_  
(church/group name)

In the event of an emergency where medical treatment is required we (I) give our (my) permission to the church sponsors to obtain the services of a licensed physician or dentist. Please attempt to notify us (me) immediately concerning any such emergency.

The undersigned shall be liable for all cost and expenses incurred in case of any such emergency.

Should it be necessary for our (my) child to return home due to medical reasons or disciplinary reasons, the undersigned shall assume all transportation costs.

The undersigned does also hereby give permission for our (my) child to ride in any vehicle designated by the adult in whose care the minor has been entrusted while attending and participating in activities sponsored by

\_\_\_\_\_  
(church/group name)

Hospital Insurance: Yes \_\_\_\_\_ No \_\_\_\_\_ Insurance company \_\_\_\_\_

Policy Number: \_\_\_\_\_ Phone number: (\_\_\_\_\_) \_\_\_\_\_

## Required signatures:

Participant \_\_\_\_\_ Date \_\_\_\_\_

Father \_\_\_\_\_ Date \_\_\_\_\_

Mother \_\_\_\_\_ Date \_\_\_\_\_

Legal Guardian \_\_\_\_\_ Date \_\_\_\_\_

# SHCC Trip Conduct Agreement

Please read this page completely, regardless of whether you've been on an SHCC trip before, and sign your acknowledgement and agreement to participate following the rules.

Our rules are so everyone is on the same page in an effort to make the trip a safe and healthy environment for everyone. Rules are like fences next to cliffs. We set up fences to make a safe place for everyone. Please do not try to get as close to the fence as you can without crossing it, momentum makes it hard to stop!

At this event, under the guidance of the Salina Heights Christian Church, I am a representative of the Christian community and I am responsible for my actions. I understand the following guidelines and will follow them on the trip:

1. I will respect the adults on the trip. If an adult asks me to do/stop doing something, I will do it. The only exception is if an adult asks me to do something wrong, in which case I will go to another adult to immediately make it known.
2. I will respect the health of my own body by refraining from the use of/and bringing tobacco, alcohol and drugs of any kind, except those prescribed for me by a physician. **All prescription drugs must be turned into the trip leader for safekeeping and distribution.**
3. I will not bring any guns, knives, swords, weapons of any kind, lighters, or matches to any event sponsored by this church unless permission is given by the leader in charge of the event.
4. I will be responsible for my own behavior and will participate fully in all scheduled activities of this event including any pre-event training sessions or meetings – be where you're supposed to be when you're supposed to be there!
5. I will dress in good taste. No alcohol, tobacco, narcotic, or offensive slogans, symbols or sayings. I will also dress modestly as not to be a stumbling block to the opposite sex. Specific areas to watch out for are: sleepwear, workout clothes, and swimwear (no two-piece swimsuits without a dark t-shirt to cover).
6. I will respect the places we go. I will help keep the areas of the places and vehicles used during the event clean, and stay out of areas not being used for the event.
7. I will respect the physical and emotional well-being of all other youth and adults by treating them how I want to be treated, regardless of how they treat me.
8. I will respect each person's property and it shall remain off limits to me. When someone lets me use something of theirs, I will return it better than I found it and make amends if I break it.
9. I will not use any personal electronic devices (iPod, phone, texting, music player, etc.) during times when I am supposed to be interacting with the people around me. If an adult asks me to put an electronic device away, I will do it. I understand if I do not use my device in a responsible way, it will be confiscated for the duration of the trip/event. I will also not listen to music which would be in violation of the other rules of the trip. I also understand I cannot hold anyone else responsible for any loss, theft, or damage of my devices.
10. I understand I am to stay with the group on the trip. If I have my own vehicle, I will turn in my keys to the person in charge and will stay with the group for the duration of the trip.
11. I will respect lights out and quiet times.
12. I will not use language (foreign, sign, or any other) in any way that would not glorify God.
13. I understand the purpose of this trip is to focus on God and the group, not to spend time with a boyfriend/girlfriend. I will refrain from all forms of public and private displays of affection (PDA). The only exception is married couples – be aware housing arrangements may not allow for married couples to be together at times.

I understand that not complying with these rules while at this event will result in the immediate notification of my parents, and may result in my dismissal from the trip. If I break the rules and am sent home, it will be at my own/parent's expense or my parents will have to pick me up immediately.

The event I/my child wish(es) to attend is:

---

Participant's Signature:

---

Parent/Guardian Signature (if under the age of 18):

---